

# Activity blooming in Fort Richmond this spring



**Sarah Guillemard**  
FORT RICHMOND MLA  
CONSTITUENCY  
REPORT

The beginning of March brought a much-needed break from winter's cold. We can only hope the balmy weather extends quickly into spring. We all benefit from being able to easily step outside for a breath of fresh air after such a challenging winter.

This past season has taken its toll in many ways. If you — like many — find yourself stressed, anxious, or depressed, please know there are free resources at [www.gov.mb.ca/covid19/bewell/virtualtherapy.html](http://www.gov.mb.ca/covid19/bewell/virtualtherapy.html) including self-guided online modules and virtual counselling.

This pandemic has caused many of us to feel isolated and alone. We need to be conscientious about taking care of ourselves, our loved ones, and those we suspect may not be feeling loved.

In the meantime, Manitoba has provided many online activities to keep us safe and entertained. The website [www.safeathomemb.ca](http://www.safeathomemb.ca)

offers free online events and activities designed to make staying home a little easier. One of my favourite family-friendly activities is Manitoba Museum's Dome@Home, a weekly series of video programming inviting Manitobans to explore the universe.

In Fort Richmond, we are fortunate to have healthy physical activities opening up as well. Registration is open for soccer, basketball, baseball, and cricket at [www.swcc1.ca](http://www.swcc1.ca)

The soccer program is also looking for volunteers — just email Suzanne at [soccer@swcc1.ca](mailto:soccer@swcc1.ca)

There is also cause for celebration as two Honour 150 awards were presented to Charles Thomsen and Helen Wang, honourees nominated by Fort Richmond residents. Honour 150 celebrates people who distinguish themselves by helping make Manitoba such a remarkable province.

Charles Thomsen taught landscape architecture for 31 years at the University of Manitoba, where he enjoyed inspiring his students and watching them succeed. He also became deeply involved in the planning

and board of directors of the International Peace Garden. Charles served on the board of the Winnipeg Children's Museum and was a founding board member of the Friends of the Assiniboine Park Conservatory. He is passionate about giving back to the communities that have been a part of his and his family's lives.

Helen (Hong) Wang has served as the chief editor of the *Manitoba Chinese Tribune*, a not-for-profit magazine that helps Chinese immigrants acclimate to Winnipeg and connect to different cultures, for over 17 years.

Helen was a board member involved in the creation of the Manitoba Chinese Family Centre, a place for newcomers as well as a second home for an entire community. A recently retired social worker and student adviser at the U of M, Helen's goal is to help newcomers build foundations through relationships and networking.

I love to hear from you, so please feel free to reach out to my constituency office at 204-221-8881 or email [contact@sarahguillemard.com](mailto:contact@sarahguillemard.com)



Photo by Ken Gigliotti / Winnipeg Free Press photo archives  
Helen Wang of Fort Richmond (above) is one of the Honour 150 honourees, a list of distinguished Manitobans who have helped make their province better.



## 692 St. Anne's Road Proposed Development

### Virtual Open House Invitation

Please join the 692 St. Anne's Road project team for a Virtual Open House session. We will present project details and allow for a Q&A period to answer questions and receive feedback.

To provide multiple opportunities to attend, Virtual Open House sessions will be conducted on:

- Thursday, March 25 at 7pm;**
- Saturday, March 27 at 3pm;** and
- Sunday, March 28 at 3pm.**

Please submit your RSVP to one of these sessions on our website at:

[www.richardwintrup.com/692stannes](http://www.richardwintrup.com/692stannes)

For more information please contact us at:  
[matthew@richardwintrup.com](mailto:matthew@richardwintrup.com)  
204-202-7672



## Winnipeg Recreation & Parks Strategies

Help shape the future of recreation & parks in Winnipeg!

The Recreation & Parks Strategies will provide 25-year frameworks to guide programs, services, and investments. We want to hear your feedback on the draft plans.

### Surveys

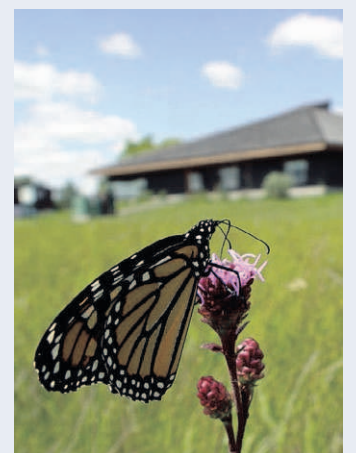
Surveys for both recreation and parks are online until April 23, 2021. Take one, the other, or both at [winnipeg.ca/recandparks](http://winnipeg.ca/recandparks).

### Online Workshops

Date:	Time:
Wednesday, March 24, 2021	6 p.m. – 7:30 p.m.
Thursday, March 25, 2021	2 p.m. – 3:30 p.m.

These workshops will cover both recreation and parks topics and feedback. Register online.

Those without internet access are asked to call 204-944-9907 to register.



For questions or to arrange alternative formats or interpretation, please contact [recandparks@winnipeg.ca](mailto:recandparks@winnipeg.ca) or 204-944-9907 by March 19, 2021.

[winnipeg.ca/recandparks](http://winnipeg.ca/recandparks)

